



Gluten Free Menu

Appetizers

Whole Artichoke - drawn butter, lemon basil and curry aioli.

Wine Plate - assorted cheeses, fruits, nuts and breads. add charcuterie.

M's Renowned Baked Dishes

Baked with garlic butter and topped with melted havarti cheese

Shrimp ... 11.95

Escargot ... 10.25

Mushrooms ... 9.95

Soup and Salads

Bleu Cheese add \$1.00

Soup of the Day -- (Consult your server)

M's House Salad - crisp greens, sun dried tomato, bell pepper, red onion, sunflower seeds, Romano cheese and dill dressing.

Spinach - red onion, crumbled bacon, Roma tomato, mushrooms and sliced egg, served with a choice of warm bacon or creamy dill dressing.

Caesar - romaine, Romano and our classic Caesar dressing.

	<i>Small</i>	<i>Large</i>		
<i>Add</i>	<i>Salmon</i>	<i>Steak</i>	<i>Chicken</i>	<i>Shrimp</i>

Warm Duck - fresh spinach with bleu cheese, walnuts, Roma tomato, julienne vegetables, red onion and warm bacon dressing with roasted duck.

Chicken Tenderloin - romaine, artichoke hearts, cucumbers, Roma tomato, Calamata olives, red onion, pine nuts, feta cheese and Greek dressing with grilled chicken tenderloins.

Steak - romaine lettuce, red onion, bleu cheese, Roma tomatoes and Italian dressing with grilled beef tips.

Kate's Chicken Salad - chicken breast and celery dressed with lemon mayonnaise and red grapes.

Lamb - spinach, feta cheese, cucumbers, bell pepper, scallions and Roma tomatoes with roasted garlic-red wine vinaigrette and grilled lamb.

Cobb - crisp greens tossed with turkey, bacon, tomato, egg, bleu cheese, scallions, mushrooms and hazelnut vinaigrette with sliced avocado.

Salads (continued)

Bleu Cheese add .75

***Blackened Shrimp** - crisp greens, avocado, Roma tomato, scallions, cilantro, yellow peppers and jalapeño mango vinaigrette with blackened shrimp and seared black bean cake. sub chicken*

***Salmon** - spinach, sliced egg, scallions, cucumbers, artichoke hearts, Roma tomato, balsamic vinaigrette and grilled salmon.*

Light Entrées

All burgers served without a bun and with lettuce, tomato and onion. All selections served with a small salad and our poppy seed vinaigrette. Substitute a Caesar salad, spinach salad or a cup of soup - add 1.95

***Pub Burger** - Wagyu beef, bacon and aged cheddar with ketchup, mustard and a pickle.*

***Lamb Burger** - with provolone cheese and a side of Dijon mustard.*

***Turkey Burger** - with Swiss cheese and a side of lemon-basil aioli.*

***Fish Burger** - grilled mahi-mahi filet with melted provolone cheese and tartar sauce.*

***Chicken Burger** - marinated chicken breast grilled and served with melted provolone cheese and a side of lemon-basil aioli.*

***All Beef Hot Dog** - with pickle relish, mustard and ketchup. Sauerkraut served by request.*

***Pasta** - gluten free pasta tossed with basil pesto and topped with Romano cheese. Add chicken Add shrimp*

***Floyd's Skinny Plate** -- fresh skinless chicken breast char-broiled, served with lemon and steamed vegetables Substitute salmon filet add*

***Indian Lamb Satay** -- marinated morsels of lamb sirloin grilled and served with grilled tomatoes, feta cheese and scallions over basmati rice with spicy yogurt sauce.*

***Surf & Turf Satay** - Beef tenderloin teamed with black tiger shrimp, served over basmati rice, with scallions.*

Desserts

***Crème Brulee** -- caramelized sugar*

***Mocha Fudge Torte** -- whipped cream, strawberry-amaretto sauce*

***Ice Cream** - ask your server for seasonal offerings.*